# Modern drug development in oncology – How to successfully design the early phase trials?

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#### Evolving landscape of compound classes

	Chemotherapy	Small molelcules / TKI	Immunotherapy / CPI
Relative treatment duration	Short, defined cycle number	Long (until PD and tox)	Long (tbd)
Occurrence of toxicity	Short term	Short and long term	Long term
Characteristics of toxicity	Non –target, proliferating cells	Off-target, target based	Auto-immune tox
Onset of tumour response	rapid	Rapid to later	Rather later, pseudoprogression possible
administration	i.v.	Oral	i.v. / s.c.

Requires adapted trial designs and measures during compound development

#### I. ADAPTIVE TRIAL DESIGN

# Adaptive design We learn as we go!

## a flexible and effective way to conduct clinical trials? Goals:

- -improving the study power
- -reducing sample size and total cost
- -treating more patients with more effective treatments
- -identifying efficacious drugs for specific subgroups of patients based on their biomarker profiles
- -shortening the time for drug development

#### TABLE 1. CURRENT ONCOLOGY TRIALS: PERFORMANCE MEASURES

Average Time: 7.6 years (Phase I to Approval; 2005-2009)<sup>7</sup>

**Average Cost per Patient:** 

#### Oncology vs. All Rx categories (2011)<sup>8</sup>

Phase II: \$73,000 (vs. \$36,000)

Phase IIIa: \$57,000 (vs. \$47,500)

Phase IIIb: \$66,000 (vs. \$47,000)

#### Overall Success Rates (1993-2004)<sup>1</sup>

7.1% of Phase I oncology entries were approved 19.0% of Phase I entries in all Rx categories were approved

#### Phase III Success Rates (2003-2010)<sup>5</sup>

34% of oncology trials achieved statistical significance in primary endpoints

#### TABLE 2. MOST COMMON TYPES OF ADAPTIVE SETTINGS IN MODERN CLINICAL TRIALS

- Stopping early (or late, i.e. extending accrual) with a conclusion of superiority or futility
- Adaptively assigning doses to more efficiently asses the dose-outcome relationship
- Dropping arms or doses
- Seamless phases of drug development within a single trial
- Changing the proportion of patients randomized to each arm
- Adaptively homing in on an indication or responder population
- Adding arms or doses
- Changing accrual rate

## Adaptive design

Many, but not all adaptive designs are formulated under the **Bayesian framework**. Bayesian methods model the parameter of interest by

- (I) obtaining the prior distribution;
- (II) collecting data to calculate the data likelihood; and then
- (III) computing the posterior distribution using Bayes theorem.

The Bayesian method is adaptive in nature and provides an ideal statistical framework for adaptive trial designs

CAVE software!!

## Biomarker guided adaptive design

targeted therapies

 requires the identification of biomarkers that can be used to identify patients who are likely to be sensitive to the targeted therapy

START EARLY !!! BEFORE WE DO THE PIVOTAL IN VIVO TRIALS – PRECLINICAL WORK – INTEGRATED TEAM

## Adaptive design

#### **Questions:**

Your experience with adaptive design?

What points in adaptive seem most important?

What points in adaptive design seem realistic to you?

#### II. PATIENT SELECTION

#### Patient selection

- The primary aim: to identify the maximumtolerated dose (MTD)
- Recommended phase II dose (RP2D) needed.

- For cytotoxic drugs
- For targeted drugs DIFFERENT !!!!
- For immunotherapy

#### QUESTIONS

 Can we do studies with anti cancer compounds in a healthy population?

Who has done this already?

Which type of study?

## Selection of patients

- A key component, in particular for phase I trials, but probably true for all phases of drug development, is the assessment of an individual patients prognosis.
- CAVE: progressive metastatic disease through all standard lines of treatment:
   a limited life expectancy.







# Prediction of early death among patients enrolled in phase I trials.

Sufficient life expectancy for phase I trials needed= challenging

Most protocols: at least 90 days life expectancy

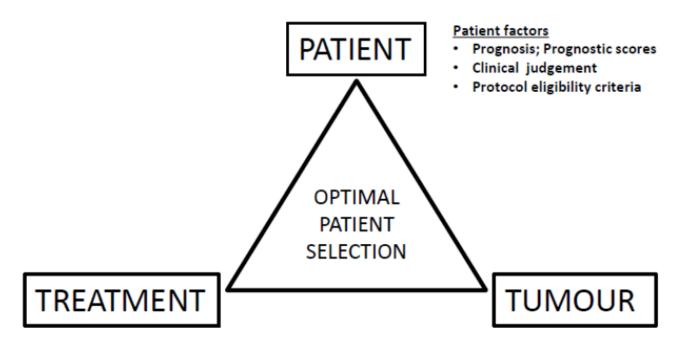
- -not ethical to expose a very frail patient to new drugs
- -form research perspective : CAVE jeopardising the study and subsequent drug development in case of early death

#### Patient selection

 Estimating prognosis is inherently challenging for a clinician and estimates are often made based on intuition and experience rather than in a scientific or an evidence-based manner.

Performance Status	Definition		
0	No symptoms; normal activity level		
1	Symptomatic, but able to carry out normal daily activities		
2	Symptomatic, in bed less than half of the day; needs some assistance with daily activities		
3	Symptomatic, in bed more than half of the day		
4	Bedridden		

It has been shown that an ECOG PS of 3 indicates a prognosis of less than 3 months and a PS of 4 of less than 1 month.



#### Treatment factors

- Cytotoxic
- · Targeted therapy
- Immunotherapy

Renal function
Bone marrow
Pancreatic cancer

#### **Tumour factors**

- Phenotype
  - Molecular
  - Histological
  - Clinical
- Genotype
  - · Driver mutations
  - Druggable targets

Score	Prospective validation	Parameters	Overall Survival (weeks)	P-value	HR
Royal Marsden Hospital Score [36] Arkenau 2008	Yes	LDH (>ULN) = 1 Albumin (<35 g/L) = 1 > 2 sites of metastases = 1	Score 0-1: 33.0 Score 2-3: 15.7	0.036	1.4
Hammersmith Score [37] Stavraka 2014	No	LDH >450 IU/dL = 1 Albumin <35 g/dL = 1 Sodium <135 mmol/dL = 1	Score 0-1: 31.2 Score 2-3: 8.9	⊲0.001	
Princess Margare Hospital Index [39] Chau 2011	et No	High LDH >2 metastatic sites ECOG PS > 0			
European Model [42] Olmos 2012	B No	Albumin <35 g/dL = 1 LDH (>ULN) = 1 ≥ 3 sites of metastases = 1 Low TPTi (<24 weeks/treatment) = Increased ALP (>ULN) = 1 Low lymphocyte count (<18%) = 1 High WBC (>10,500/uL)	Score 0: 141 Score 1: 61 Score 2: 54 Score 3: 37 Score 4: 29 Score 5: 21 Score 6: 11 Score 7: 10	0.036 (log- rank)	- 2.00 2.54 3.24 4.57 6.20 14.1

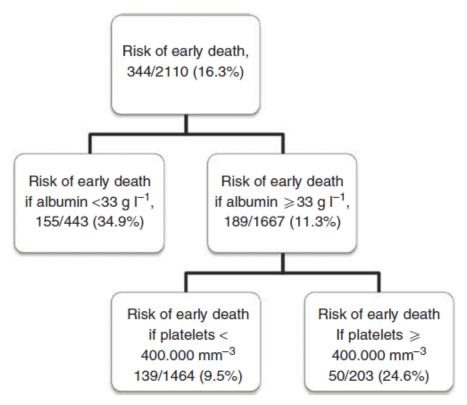






CHAID method: high risk patients, decision tree

CHAID
Chi-squared Automatic
Interaction Detection



**Figure I** Decision tree generated by the CHAID analysis in the training data set.







# Prediction of early death among patients enrolled in phase I trials.

Low level of serum albumin:

marker of cancer related malnutrition

known prognostic marker in cancer patients

High number of platelets:

poor prognosis

marker of inflammation induced by cancer

can increase risk of **thrombosis** – early mortality

activator of tumor angiogenesis





How to deal with preselection based on biomarkers?

#### Prescreening?

How to deal with interval in between ICD and first dosing?

f.i. met trials / braf trials

PRECISION projects

## III. Safety

## Safety

Dose limiting toxicities – defined as those that are related to IMPs and deemed unaccaptable, leading to restriction of further dose escalation

#### **DLT** definition:

- standardised sets?
- Definition depending on drug characteristics, and treatment duration, schedule?
- DLT assessment period? Cycle 1, cycle 2,...
- Severity of events: grade 3 and higher, grade 2
- Duration of grade 2 events to become a DLT?

## Grading of AEs according to CTCAE

			_
ng. AE	Grades		G
	displays Grad	to the severity of the AE. The CTCAE des 1 through 5 with unique clinical of severity for each AE based on this dine:	G aı A
or .g., ts).	Grade 1	Mild; asymptomatic or mild symptoms; clinical or diagnostic observations only; intervention not indicated.	sl te
ary ind ).	Grade 2	Moderate; minimal, local or noninvasive intervention indicated; limiting age-appropriate instrumental ADL*.	m
nd nal ase cal	Grade 3	Severe or medically significant but not immediately life-threatening; hospitalization or prolongation of hospitalization indicated; disabling; limiting self care ADL**.	
be or ue	Grade 4	Life-threatening consequences; urgent intervention indicated.	

Example « blood and lymphatic system disorders »

Blood and lymphatic system disorders						
	Grade					
Adverse Event	1	2	3	4	5	
Anemia	Hemoglobin (Hgb) <lln -="" 10.0<br="">g/dL; <lln -="" -<br="" 6.2="" <lln="" l;="" mmol="">100 g/L</lln></lln>	Hgb <10.0 - 8.0 g/dL; <6.2 - 4.9 mmol/L; <100 - 80g/L	Hgb <8.0 g/dL; <4.9 mmol/L; <80 g/L; transfusion indicated	Life-threatening consequences; urgent intervention indicated	Death	
	zed by an reduction in the amount on h, palpitations of the heart, soft syst	•		ay include pallor of the skin and m	ucous	
Bone marrow hypocellular	Mildly hypocellular or <=25% reduction from normal cellularity for age	Moderately hypocellular or >25 - <50% reduction from normal cellularity for age	Severely hypocellular or >50 - <=75% reduction cellularity from normal for age	Aplastic persistent for longer than 2 weeks	Death	
Definition: A disorder character	zed by the inability of the bone mar	row to produce hematopoietic eler	ments.			
Disseminated intravascular coagulation	-	Laboratory findings with no bleeding	Laboratory findings and bleeding	Life-threatening consequences; urgent intervention indicated	Death	
Definition: A disorder characterized by systemic pathological activation of blood clotting mechanisms which results in clot formation throughout the body. There is an increase in the risk of hemorrhage as the body is depleted of platelets and coagulation factors.						
Febrile neutropenia	-	-	ANC <1000/mm3 with a single temperature of >38.3 degrees C (101 degrees F) or a sustained temperature of >38 degrees C	Life-threatening consequences; urgent intervention indicated	Death	

#### **DLT** definition

#### standardised sets?

- All hematological events ≥ grade 3, with the exception of non-febrile neutropenia < 7days, ...</li>
- All non-hematological events ≥ grade 3 with the exception of hair loss, nausea and vomiting > x days

Definition depending on drug characteristics, and treatment duration, schedule?

 e.g.targeted therapy: ≥ grade 3 febrile neutropenia, ≥ grade 3 events depending on target expression, eg LFT increase, hypertension

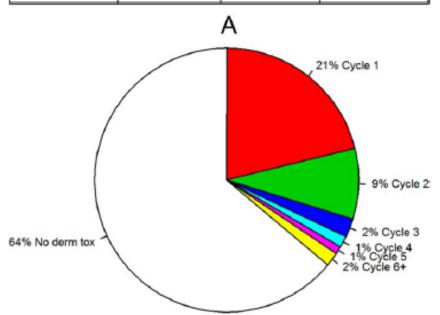
## Duration of DLT reporting

- Dilon et al 2016: 15% of patient experienced highest grade dermatologic event at cycle 2 or later
- Paoletti et al 2014, DLT-TARGETT: 85% of participants in favour of considering severe side effects after cycle 1 as DLT

# Severity of toxicity to meet DLT definition by NCI CTCAE grade

Toxicity categories	Number of items							
	≥ G4	≽G3	≽G2	≽G1	Other	Not specified	Not a DLT	Al
Haematologic toxicity, nos	42	42	1	0	0	0	0	8
Neutropenia	65	4	0	0	0	0	0	6
Гhrombocytopenia	39	18	0	0	11	0	0	6
Febrile neutropenia	17	17	2	0	0	10	0	4
anaemia	11	5	0	0	0	0	3	1
Thrombocytopenia with bleeding	2	11	0	0	0	3	0	1
Coagulation abnormality	0	2	0	0	2	0	0	
ymphopenia	0	0	0	0	0	0	1	
Haemorrhage	0	0	1	0	0	0	0	
łaematologic toxicity (all)	176	99	4	0	13	13	4	3
Ion-haematologic toxicity, nos	2	135	10	0	1	0	0	1
Gastro-intestinal symptoms								
Vausea	3	51	4	0	7	0	12	
omiting	6	53	4	0	7	0	7	
Diarrhoea	2	27	4	0	3	0	0	
Constipation	0	1	0	0	0	0	1	
lepatic toxicity								
AST elevation	1	8	0	0	5	0	0	
ALT elevation	1	8	0	0	4	0	0	
LP elevation	1	0	0	0	1	0	4	
Silirubin elevation	2	0	1	0	3	0	0	
GGT elevation	1	0	0	0	1	0	1	
Iepatic, nos	0	1	1	0	0	0	0	
tenal toxicity								
reatinine elevation	0	2	2	0	6	0	0	
Proteinuria	0	2	2	0	0	0	0	
Haematuria	0	0	2	0	0	0	0	

Cycle at which worst grade of treatment-related dermatologic adverse event occurred	Number of patients	% of patients	% of patients on trial at start of this cycle
1	743	21.1%	100%
2	303	8.6%	84.9%
3 or later	224	6.4%	58.5%
Experienced no treatment-related dermatologic adverse event on trial	2247	63.9%	
Total	3517	100%	

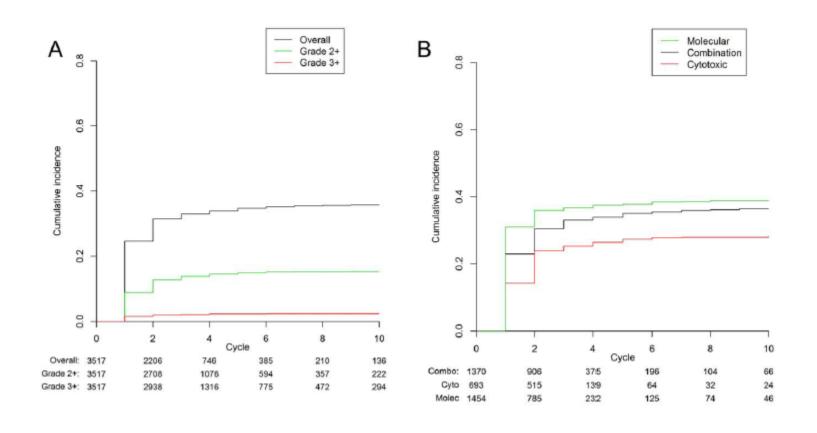


# Onset of the worst grade of dermatologic adverse events

**Dilon 2016** 

Analysis of 3517 patients with solid tumours from clinical trials with MTA, cytotoxic treatment or combination of both

#### Cumulative incidence of AEs Dilon 2016



## IV. ANTI TUMOUR ACTIVITY / PD

#### Anti-tumour activity

- RECIST,
- iRECIST http://www.eortc.org/recist/irecist/
- PERCIST

- Tumour Growth Rate (TGR)
- Target PET scan

#### RECIST 1.1

#### **Baseline Documentation**

Only patients with measurable disease at baseline should be included

#### **Target Lesions**

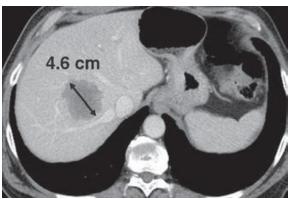
- maximum of five (5) target lesions in total (up to two (2) per organ)
- -Select largest reproducibly measurable lesions
- -If the largest lesion cannot be measured reproducibly, select the next largest lesion which can be

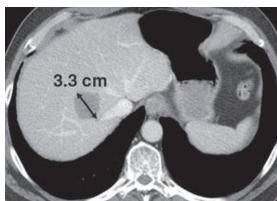
#### **Non-Target Lesions**

It is possible to record multiple nontarget lesions involving the same organ as a single item on the eCRF (e.g. "Liver - multiple locations")

#### **Measurable Lesions**

- •Tumor ≥10 mm in longest diameter (LD)
- •Lymph nodes ≥15 mm in short axis on CT (CT slice thickness recommended to be no more than 5 mm)





Target lesion (liver) BL and Follow up

#### RECIST 1.1: response target lesions

Response to Target Lesions	Criteria
Complete Response (CR)	<ul> <li>Disappearance of all target lesions.</li> <li>Any pathological lymph nodes (whether target or non-target) must have reduction in short axis to &lt;10mm.</li> </ul>
Partial Response (PR)	• At least 30% decrease in the sum of diameters of target lesions, taking as reference the baseline <i>sum diameters</i> .
Progressive Disease (PD)	<ul> <li>At least a 20% increase in the sum of diameters of target lesions, taking as reference <i>the smallest sum on study</i> (this includes the screening sum if that is the smallest on study).</li> <li>In addition to the relative increase of 20%, the sum must also demonstrate an absolute increase of at least 5 mm.</li> <li>The appearance of one or more new lesions is also considered progression.</li> </ul>
Stable Disease (SD)	• Neither sufficient shrinkage to qualify for PR nor sufficient increase to qualify for PD, taking as reference <i>the smallest sum diameters</i> while on study.
Non-Evaluable (NE)	<ul><li>None of the above is possible.</li><li>State of target lesion is set to Non-evaluable.</li></ul>



## iRECIST vs RECIST 1.1: Unchanged

RECIST 1.1	iRECIST
Definitions of measurable, non-measurable disease	٧
Definitions of target (T) and non target (NT) lesions	<b>√</b>
Measurement and management of nodal disease	٧
Calculation of the sum of measurement (SOM)	<b>√</b>
Definitions of CR, PR, SD and their duration	<b>√</b>
Confirmation of CR and PR	<b>√</b>
Definition of progression in T and NT (iRECIST terms i-unconfirmed progression (iUPD))	<b>√</b>

NCI AACR 2016

## iRECIST vs RECIST 1.1: Changes

RECIST 1.1	iRECIST
Management of new lesions	NEW
Time point response after RECIST 1.1 progression	NEW
Confirmation of progression required	NEW
Collection of reason why progression cannot be confirmed	NEW
Inclusion and recording of clinical status	NEW

#### PD / Biomarker

- Tissue and liquid biopsies
- Sequential biopsies

How to realize sequential tissue biopsies?

# Biomarker – Molecular Imaging

Radiolabelled antibodies, peptides, small molecules:

Target distribution, hetero - / homogeneity Antibody distribution

Target occupancy

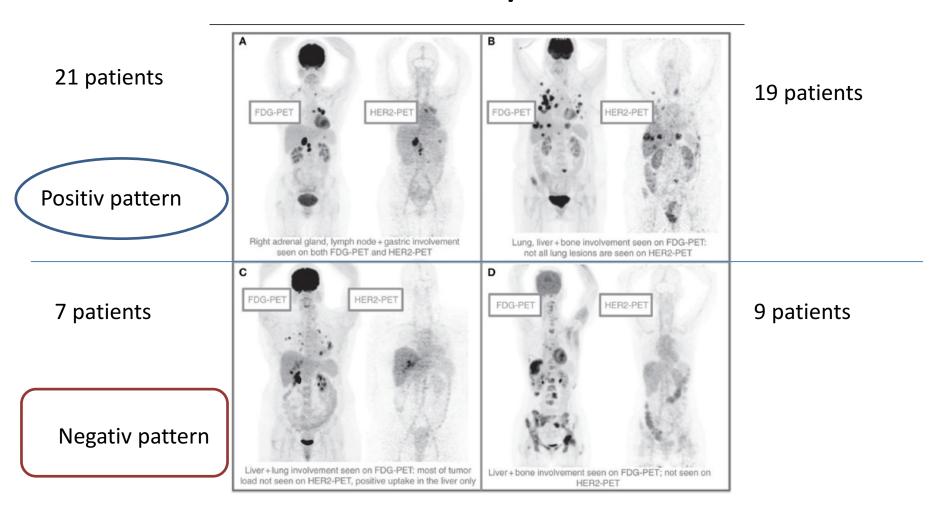
Tumour response evaluation

Examples: <sup>89</sup>Zr-trastuzumab, -bevacizumab, antiPSMA, <sup>18</sup>F-5-fluoro-2'-deoxycytidine, PRRT (<sup>68</sup>Ga/<sup>177</sup>Lu-DotaTATE,...)

## ZEPHIR Gebhart et al 2016

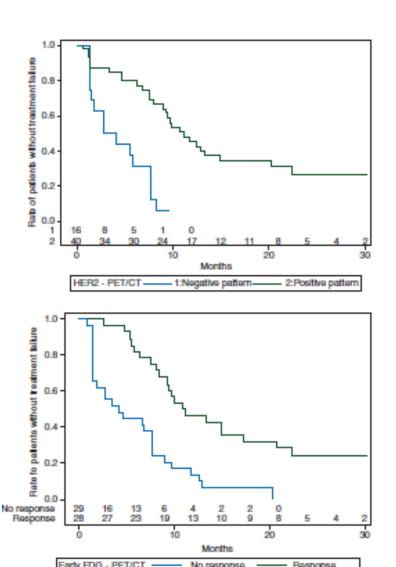
- Molecular imaging to explore intra-/interpatient heterogeneity in HER2 mapping of metastatic disease —> identify patients unlikely to benefit from ADC trastuzumab entansine T-DM1
- N=56 Patients with HER2 pos BC as per IHC3+ or FISH 2.2
- Pre-treatment imaging with HER2-PET/CET, 3 cycles of T-DM1, FDP-PET/CET before cycle 2
- CT and RECIST assessment at baseline and after 3 cycles, TTF analysis

# Patterns of HER2-PET/CT confronted with FDG-PET/CT Gebhart et al 2016

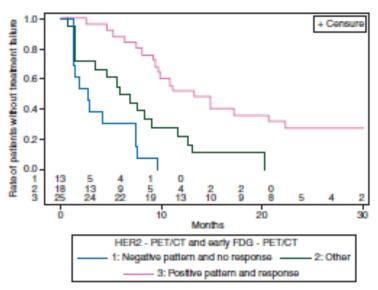


Heterogeneic tracer uptake

## Time to treatment failure according to



- HER2-PET/CT alone
- Early FDG-PET/CT alone
- Combination of HER2- and FDG-PET/CT



# Discussion imaging biomarker

- Development timelines up to 3 years nonclinical developing for imaging compound, antibody labelling with Zr up to 1 year
- Early decision
- costs

## V. OUTCOME IN PHASE I







## Phase I trials in Oncology

Therapeutic misconception?
OUTCOME







## Outcome phase I trials in Oncology

Adults, all trials

2003-2006

180 patients, 10 trials

ORR 7.2 %

Disease control 48.2 %

Toxic deaths 0.5 %

38 % of the patients had al least 1 episode of grade 3/4 tox







## Outcome phase I trials in Oncology

Adults, all trials

PFS: 2.3 months

OS: 8.7 months

Phase I trials are safe and associated with clinical benefit in a substantial proportion of patients







## Outcome phase I trials in Oncology

#### Rare tumors in phase I

30 patients, 2005-2009 - Median age 45 years

Adenoid cystic ca, adrenal ca, thymoma, CUP, lacrimal

63 % at least 1 prior chemo, 37 % at least 2

PR 1 patient

SD in 29 patients (97%), 80 % SD at 3 months, 43 % SD at 6 months







## Outcome phase I trials in Oncology

#### Rare tumors in phase I

PFS: 5.6 months (CI95% 4.4-6.9)

OS: 23.2 months (CI95% 8.3-37)

Grade 3 tox: 5 pts (17%) (neutropenia, diarrhea)

Benefit is better than the outcome reported in an overall population included in phase I trials







## Outcome phase I trials in Oncology

#### Patients with gynecologic malignancies in phase I

USA, 1 insitution, 1999-2010: 184 patient inclusions, 120 patients / 41 trials - 30.6 % of all phase 1 trials median age 59 years

17 DLTs (9.2 %), 1 treatment related mortality

27% grade 3 hematol tox, 24% grade 3 non-hematol tox SD 50% (22 % > 4 mths); 6,3% with PR; 1.9 % CR:

58 % clinical benefit







## Outcome phase I trials in Oncology

#### Pediatric phase I and Early phase II

Pts < 21 years, Jan 2000 – Dec 2012

235 patients (106 in phase I), median age 10.4 (0.8 – 20.7)

26 trials / 16 cytotoxic and 10 targeted agents

117 (50%) brain, 68 (29%) sarcoma

13/106: DLT / no toxic deaths, hematologic!

Grade 3 and 4 toxicity: combination trials, cytotoxic agents, at least 1 prior treatment







## Outcome phase I trials in Oncology

12 % (30 pts): ORR

16 % (42 patients): stable disease for > 4 months

Median OS: 9.0 months

73 % received further anticancer treatment

Phase I and II trials in children are safe and associated with clinical benefit







## Outcome phase I trials – Radiation Therapy

1/3 of cancer patients receive RT at some point

Phase I/II trials involving RT published 2001-2010

2994 subjects in 98 trials

1812 acute grade 3/4 toxicity

33 treatment related deaths

Multivariate regression analysis: toxicity rates higher with chemotherapy and in trials for cancers of the head/neck

RISK of TOXICITY IS SIGNIFICANT